



NATURE CURE CENTRE

GOKUL NATURE CURE CENTRE

📍 Gomta, Ta.-Gondal, Dist. Rajkot - 360320

☎ : 02825 - 285401 / 2 📞 : 70961 77767, 72010 77767

🌐 : www.gokulnaturecure.org ✉ : info@gokulnaturecure.org, gokulnaturecuregomta@gmail.com



The Healing Science of Nature Cure

Introduction :

Welcome to Gokul Nature Cure Centre situated at Gomta about 10 Kms South to Gondal, the princely city of Kathiyawar, Rajkot. The lush green land of total 20 acres consist 4500 square meter allotment for nature cure campus premises and the rest of the land utilizes for its connected activities which include the herbarium, gaushala and farming of fruits and vegetables to avail farm fresh utilities. The centre lies between the lush green meadows in calm and serene surroundings. The descent calm atmosphere gets enriched with the pleasant chirps of birds in the dawn and the daily routine gets initiated. The pure peaceful atmosphere of the centre and our endeavouring staff make your stay more pleasant, happy and worthy.

- The instigative flow of the activities in the centre is to provide and guide lifestyle assistance to a layman for leading a healthy life.
- The main aim of nature cure is to educate and bring awareness about health and life style in the society. Teach people how to manage health problems by simple ways. Know the advantages of the five elements of nature i.e. Earth, Water, Fire, Air and Ether.



- The Centre applies efforts to improve one's vitality by experiencing the effect of living in accordance with the law of nature, which helps in eliminating toxins from the body.



OFFICE



DINING & YOGA



DELUXE



GENERAL & SPECIAL

Available Facilities :

- Accommodation for 36 indoor health seekers.
- Clean, calm descent male and female treatment department.
- Hygienic kitchen and spacious dining room.
- Well equipped gym and physiotherapy department.
- Peaceful Yoga hall & Organic Herbarium.
- Library & Health store.

Accommodation :

We have a facility to accomodate 36 health seekers at a time in the centre. The accomodation facility mainly includes the six deluxe rooms, four special rooms, the male and female general wards.

- We accomodate 2 persons in each deluxe and special room.
- We facilitate four rooms for general ward male and female category. We accomodate only four persons in one room of general ward.

We also have a deluxe room especially designed for Shree Vallabhkul and Marjadi Vaishnavas with an inbuilt kitchen and a Shree Thakorji ni Seva Suvidha.



DINING HALL



YOGA HALL



GYM CENTRE



TREATMENT DEPT.



DIET



HERBS



YOGA



SHIRODHARA

Natural Diet :

Fruits, Vegetables and common kitchen herbs in certain form and quantity work as medicine to throw out toxins from the body. They are rich in nutrition. These natural elements correct the imbalances in the metabolism of the body which is achieved absolutely without drugs.

Treatments :

Our treatment program includes detoxification of body in different aspects like physical psychological, and spiritual for which we provide various nature cure treatments like Hydro Therapy, Mud Therapy, Massage Therapy, Herb Therapy, Yoga, Prayer, Counselling, Acupressure, Acupuncture, Chromo Therapy, Aroma Therapy, Music Therapy, Sujok Therapy etc. All the treatments are given by well trained staff under the supervision of experienced naturopaths.



MASSAGE



NAGODSHEK



STEAM BATH



MUD BATH

Ailments Treated :

Diabetes, Hypertension, Arthritis, Backache, Asthama, Obesity, Indigestion, Constipation, Chikungunya, Psoriasis, Eczema, Stress, General Detoxification & Lifestyle Management.

Our Team



Kamlesh N. Solanki

Chief Naturopath
ANDY, NDDY

Kiranben K. Solanki

**Consulting Naturopath
and Administrator**
NDDY, YTTC

- | | |
|-----------------------------|------------------------------|
| Kantilal M. Hedapara | : Jayshree Const., Rajkot |
| Shashik M. Hedapara | : Apolo Fabrication, Metoda |
| Akhil K. Padaliya | : Anand Plastic, Shapar |
| Kantibhai B. Solanki | : Apolo Fabrication, Metoda |
| Ashokgiri Gosai | : Hotel Shiv, Veraval Shapar |
| Rajeshbhai Sojitra | : Hotel Shiv, Veraval Shapar |

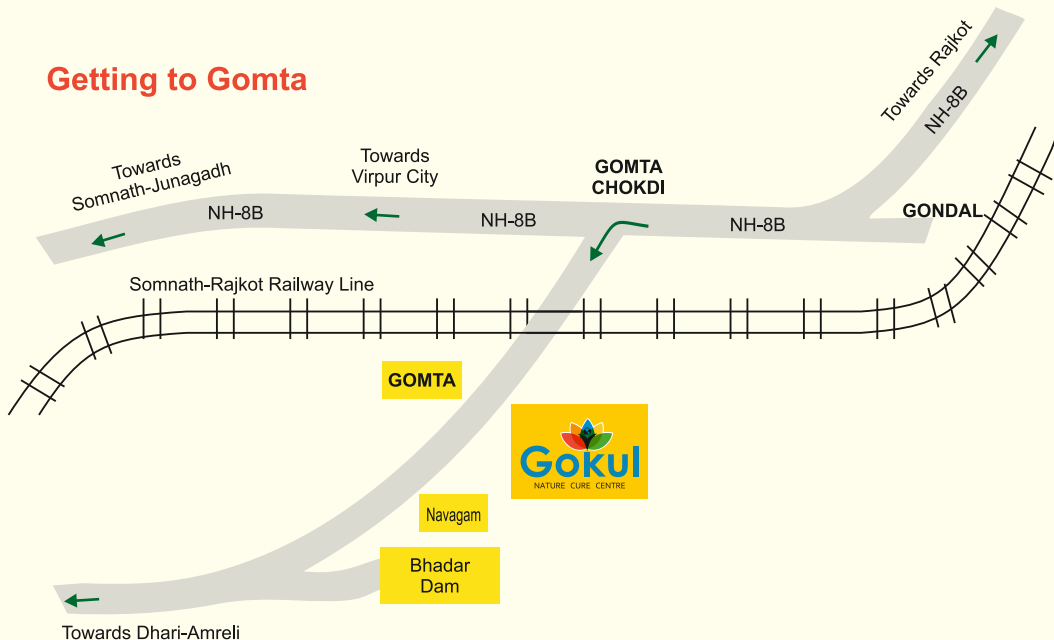
Arrival Management :

The centre is accessible via state transport, private buses, taxi's, trains Gondal, Virpur and Rajkot. The site is 17 kms from Gondal, 8.5 kms from Virpur. The nearest international airport is at Ahmedabad 282 kms and a domestic airport at Rajot, 57 kms from the centre.

Pick up facility from railway station, bus station, airport and Gomta chowkdi is available on prior information at nominal charges.

We also have a facility to make an arrival management at the centre for you from the place where you are, on prior information and with applicable charges.

Getting to Gomta





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ACCOMODATION

CHARGES FOR INDOOR SERVICES

Accomodation	Daily	Daily Attendent	Booking Deposit	Admission Deposit
General Ward	1700	800	4000	17000
Special Room (Single)	2700	1000	6000	27000
Special Room (Sharing)	2200	1000	6000	22000
Delux Room (Single)	3200	1300	8000	32000
Delux Room (Sharing)	2700			

- The above mentioned charges include the cost of accomodation, food and routine treatments, Acupuncture and one sitting of Ukado Shirodhara.
- The Attendent charges include only food & Accomodation. Any treatments / consultation will be charged extra.
- The charges for treatments like more than one Shirodhara, Relaxation massage, and any laboratory test will be charged extra.

BOOKING

- Prior booking is essential. Booking can be done telephonic or online.
- The telephonic/online Provisional Booking is confirmed after receiving the booking deposit and a duly filled booking application form by the health seeker.
- The health seekers must obtain the confirmation before arrival.

- The admission deposit is to be paid on the day of arrival for admission at the centre.
- A refund will be made available from the booking deposit incase the health seeker needs any changes / cancel in his/her booking. The following rules apply:

Cancellation	More than	Days	Days	Less than
Before	21 days	16 to 21	8 to 15	8 days
Refund %	90 %	70%	50%	20%

- Minimum 10 days stay is essential at the centre. According to rules a 10 days exence will be charged even if the health seeker discontinues the stay before 10 days.
- All the payment is to be made in Cash / At par cheque / DD in favor of **Gokul Nature Cure Centre**.
- It is prefered that the health seeker arrives by 8:00 am at the centre on the day of admission.

It is mandatory to bring the following with you while arrival:

- Booking confirmation letter.
- Photo ID proof like Passport / Adhar card / Election card
- One Passport size Photograph.
- Last medical reports if any and present medicines going on.

It is preferred that you come with the following:

- Warm clothes for winter, loose clothes for yoga sessions, females wearing sarees will need leggings / pyjama for yoga & physio sessions.
- One set of bed sheet with blanket will be provided from the centre. Any extra requirement is to be brought by the health seekers.
- The health seekers should bring their personal necessities like Tooth brush & paste, Bath soap, Napkin, Towel, Torch etc.
- The health seeker is advised not to bring expensive items like jewellery, Cameras, Mobile phones, Laptops etc. Centre will not be responsible for any such losses.